

The Quail

Volume 66, Number 9

JUNE 2021

Next Monthly Program Meeting: Thursday, June 3

Please mark your calendar for our next virtual monthly program meeting. See **BELOW** for webinar access info.

7:00 PM Welcome and Introductions

7:05 PM Birding Info: Winning photos from the Second Annual MDAS Photo

Contest with Rosalie Howarth and Krista Vossekuil

7:25 PM Board Announcements

7:35 PM Main Program: Why Save Parrots? with Lauren Schmaltz

8:30 PM Adjourn

Main Program:

Why Save Parrots?

Lauren Schmaltz, USA Administrator, World Parrot Trust

The **World Parrot Trust** (WPT) is an international leader in science-based, results-oriented parrot conservation and welfare efforts. It is a dynamic organization with a clear mandate for the protection of parrots—one of the most threatened groups of birds on earth.

Since 1989, WPT has led conservation and welfare projects in 43 countries for 70 species of parrots, focusing its efforts on the deployment of immediate and long-term conservation strategies built on established scientific principles, encouraging bird welfare advocacy, and facilitating conservation education initiatives.

Lauren Schmaltz completed a dual Bachelor degree in Biology and Spanish and a Master of Environmental Studies. In the midst of her studies, Lauren also spent several years living overseas in the Galapagos Islands (Ecuador), Costa Rica, and Bonaire.

Lauren joined the World Parrot Trust in 2017 and has a keen interest in environmental management, community outreach and education, and sustainable development that harmonizes well with WPT's growing initiatives in parrot conservation, habitat restoration, and community engagement.



Photo: Lauren Schmaltz

Birding Info: Winning photos from the Second Annual MDAS Photo Contest

Rosalie Howarth, *MDAS Publicity and Social Media Chair* Krista Vossekuil, *MDAS Education Chair*

Rosalie Howarth and Krista Vossekuil will show us the winning photos from the Second Annual MDAS Photo Contest. See the top five finalists in each of eight categories, and learn what the judges had to say about the top pictures. Admire the work of some of our chapter's finest photographers in this special slideshow presentation.

Webinar Access Info:

Date: Thursday, June 3, 2021

Time: 7:00 PM–8:30 PM Pacific Time (US and Canada)

Location: Zoom online meeting

Access: https://us02web.zoom.us/j/81640269272?

pwd=Z2pGek1RYUY1M1pkVXBIVmp3VWdOdz09

Meeting ID: 816 4026 9272

Passcode: 436374

Phone access: One tap mobile

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Dial by your location

- +1 408 638 0968 US (San Jose)
- +1 669 900 6833 US (San Jose)
- +1 253 215 8782 US (Tacoma)
- +1 346 248 7799 US (Houston)
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- +1 646 876 9923 US (New York)
- +1 301 715 8592 US (Washington DC)

Meeting ID: 816 4026 9272

Passcode: 436374

Find your local number:

https://us02web.zoom.us/u/kzdi0zP1F

President's Letter

Jerry Britten, MDAS President

At the time of this writing, the northward migration that brings some of the most colorful and sought-after birds through our area is winding down. So, those of us that keep track of such things in the avian world take notice of the next happenings in the cycle of events: the fledging of our nesting birds. In our yard, the White-breasted Nuthatches, Oak Titmice, House Finches, Oregon Juncos, and



Chestnut-backed Chickadees are busy teaching their noisy, begging youngsters how to survive. Any day now, young Western Bluebirds will emerge from the farthest of three occupied nest boxes on our property. Soon there will be plenty of these around, followed closely by Black-headed Grosbeak fledglings learning the ropes from their parents. The House Wrens don't hang around after fledging, so we rarely see their young. A hen turkey has been bringing her three chicks around daily. It is a dangerous place for young turkeys, in spite of the obvious burgeoning population in recent years. Each day we take note—are there still three? So far, the mother has been doing a good job of keeping them safe. Recently, another hen with four smaller chicks has made appearances as well.



Turkey chick. 2021
Photo: Jerry Britten

A Red-tailed Hawk is on a nest high up in a tall Bay tree on our property. This is probably the reason the Red-shouldered Hawks are not nesting over our deck this year. The Red-tail's nest is well concealed, so I'll have to wait and see how many young they raise. Also, a Turkey Vulture is nesting at ground level inside a huge hollow live oak. This nest site is occupied every few years, and it is always a treat to peek in occasionally to see the downy white chicks (the smell is not so good) and to see the recently fledged birds still with some down.



A fledgling Turkey Vulture losing its down. 2017

Photo: Jerry Britten

After the young birds have dispersed comes the dog days of summer home birding. One hopes to see the odd vagrant youngster from somewhere else passing through. Better yet, time to go to the mountains to see what birds are nesting up there.



An adult male Downy Woodpecker teaching a chubby youngster how to enjoy suet. Only first-summer Downies have red caps that extend to the forecrown. 2020

Photo: Jerry Britten

To close this final President's letter before the summer break, a big thank you to all who took the time to vote online for our slate of candidates nominated to elected board positions for the coming year. Results of the election can be found later in this issue but the upshot is—we all won by a landslide! We all greatly appreciate the confidence and support you have given us, and look forward to meeting again in-person in the fall.

Stay safe, and get out there for the birds!

Welcome, New Members!

Stephanie Becker, Moraga Brandon Carson, Glendale Ramin Dowlati, Danville Steve Grodin, Oakland

Mt. Diablo Audubon Society Officers Election Results Are In!

The votes for the officers of the Board of Directors for 2021–2022 have been counted, and it's unanimous. There were 107 votes, of which 100% were in favor of the proposed

slate of candidates: Jerry Britten as President, Ariana Rickard as Vice-President, Steve Buffi as Treasurer, and Carol Pachl as Secretary.

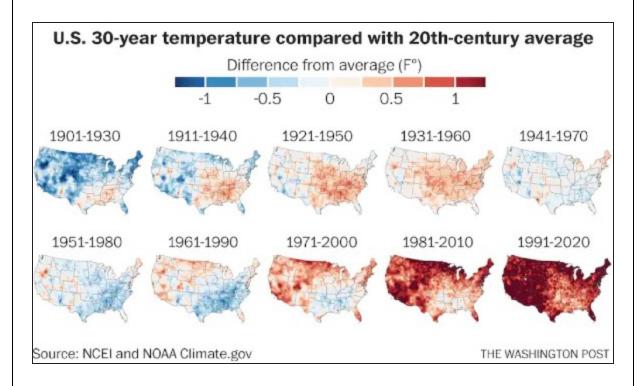
Many thanks to everyone who participated in the election, and our officers sincerely thank you for your support.

Warmer Is the New Normal

Juan Pablo Galván Martínez, MDAS Conservation Chair

It WILL Get Much Worse for People and Birds, Unless Everyone Steps Up

You might have noticed that the hills in the East Bay were already pretty brown by late April. A drought emergency has recently been expanded to Contra Costa, Alameda, Napa, and Solano counties (Sonoma already had a declaration). One-third of California is now under an official drought emergency. This is directly tied to climate change and the emission of heat-trapping gases like CO2, methane, and others.



Want to change things for the better? See below.

1. **Stop calling it natural gas.** It's basically methane. Did you know that natural gas is 70–90% methane? I didn't until recently. So half the state cooks their food, and the vast majority takes hot showers and heats their homes, by burning a fossil fuel that's 84X more potent (over 20 years) than CO2 at trapping heat in the atmosphere. And it's the second-biggest contributor to catastrophic climate change. How dirty is methane? Read

HERE. Why was I, and probably many others, never making the connection between natural gas and methane? Marketing. A new study (check it out **HERE**) has found that the public perceives the term "natural gas" much more favorably (76% favorable) than other fossil fuel terms like "oil" (51%) or "coal" (39%), or "methane". It's vital that we all wean ourselves off fossil fuels as quickly as possible, including home use. That means talking to people about it. Please join me in starting to talk about switching out methane stoves and methane water heaters for electric options.

- 2. Good news on refrigerants! In the first solid step the Biden administration has taken to formally increase regulation on planet-warming, heat-trapping gases, the EPA will dramatically decrease production and use of Hydrofluorocarbons (HFCs) over the next 15 years (more HERE). The National Resources Defense Council estimates that, if HFCs are phased out worldwide, it could eliminate the equivalent of two years of global carbon dioxide emissions by midcentury. If you're looking into a new fridge or AC unit, make sure your old one is responsibly disposed of by an EPA-approved Responsible Appliance Disposal (find HERE) and recycling (find HERE) program, and get a new unit using refrigerants that do less harm to the climate, like R600a (more HERE).
- 3. Global Cooling Prize has two winners! AC with 5X less climate impact is coming! Two companies have succeeded in developing a reasonably priced, climate-friendly AC unit that can be used all around the world to cool people down in a warming world without contributing to that warming. The Global Cooling Prize winners have made prototype AC units that have 5X less climate impact than current typical models on the market. One of them has committed to bringing their model to the wider market by 2025. So hold off on changing your AC. Check the website, and the second it's available, jump on it!
- 4. Watch and learn about Mitchell Canyon, spring bird migration, and climate change. Hopefully you all were able to get out birding in Mitchell Canyon this past April and May. In these two months, this beautiful place on the north slope of Mount Diablo State Park is perhaps the best birding hotspot in the East Bay to check out the Spring migration. Why is Mitchell Canyon such a good spot for birds, both resident and migrant? What kinds of birds can be found? How will they be impacted by climate change, and what can you do about it? Watch this presentation HERE to find out, then download this doc HERE for great follow-up videos, more info, and a survey you can take to make this presentation better.
- 5. Ever heard of carbon credits? They might not be helping the climate. If you follow climate change news, you might have heard about carbon credits. Very broadly, the idea is that someone who wants to burn fossil fuels can buy credits or donate money to activities like, for example, protecting forests

or funding reforestation efforts. The intent is to offset fossil fuel-emitting activities like flying on a plane or having a fossil fuel plant burn coal. Calculations would make sure the amount of carbon sequestered is more than what's emitted, thereby yielding a net win for the climate. California even has a multimillion (even billion?) dollar program to reduce climate change focused on this. Turns out, it might not even be helping the climate, and may be making things worse. Read more **HERE**, and learn how an Audubon group has even been caught up in this **HERE**. My takeaway? Better to focus on direct emissions reductions and increasing carbon sequestration.

Summer Hummers

Mike Eliot, MDAS Board Member-at-Large

Local hummingbirds, particularly Anna's, often stick around all summer. The males have green backs and wings with a band of white at the nape and deep red under the chin. Females are less colorful with a mix of green and grey. They readily come to most



nectar feeders, including those attached to windows. Their antics are fun to watch and you can usually get pretty close.

This year, with a drought looming, many of their natural food supplies will probably dry up this month along with the disappearance of the insects the birds usually eat, making the use of feeders and misters critical for their survival. Here are some tips for helping them.

Clean and change the nectar in hummingbird feeders every 3–5 days to prevent mold. You can make 1–2 quarts of nectar at one time. A ratio of four parts water to one part white sugar is appropriate. Avoid sugar with minerals or additives. Do not add food colorings, which are bad for birds' internal organs. Boil and cool the water first before adding sugar to help it stay fresh longer. Fill the feeder and store the rest of the nectar in the refrigerator for up to two weeks. You will then have minimal problems with mold. Hummer feeders will also stay cooler and fresher longer if in the shade. Just make sure that they are hung where hummers can see them from several angles.



Anna's Hummingbird

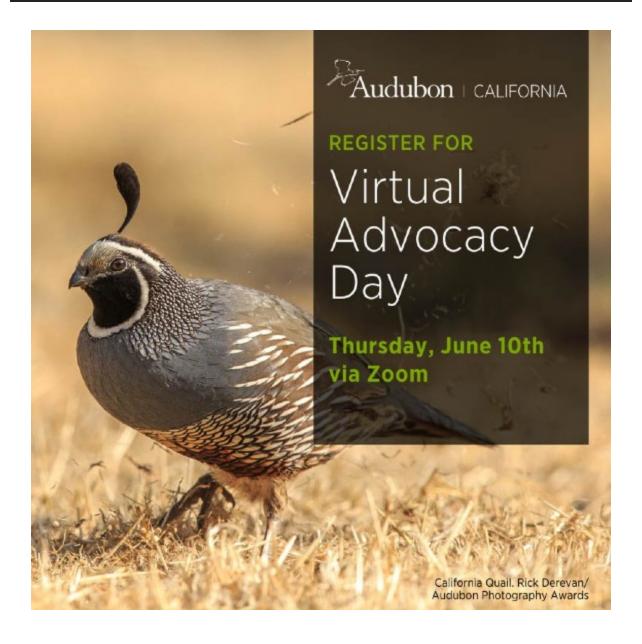
Photo: Mike Eliot

Use water misters to help hummers stay cool and hydrated. These attach to your hose and provide a very fine spray that actually uses very little water. You may also have some fun as you water your garden using a hose with a fine spray nozzle. Hummers will often fly into the spray as you hold it in the air.

The best hummer viewing is in the morning before 10:00 AM and in the late afternoon until dusk, when they are less likely to be territorial, letting additional birds come to your feeder. They are also less active and easier to photograph.

Here are some fun hummingbird facts:

- They can consume up to ½ their weight each day, feeding 8–10 times per hour.
- Some migrate up to 2,000 miles, twice each year, and can fly over 500 miles without stopping.
- They weigh less than a penny.
- They can also fly upside down and are the only bird that can fly backwards.
- They do not generally walk, but prefer to flitter between perches using their wings.
- Their heart is larger in proportion to body size than any other warm-blooded animal.
- If an average-sized man had the rapid metabolism of a hummer, he would have to eat over 250 pounds of ground beef each day.



Birds of a feather will flock together for Audubon California's Virtual Advocacy Day. Our elected officials need to hear from YOU!

You are invited to join Zoom meetings with your legislators to speak up for California's birds and communities. Join our flock on June 10th, 2021.

This year, state legislators are making important policy decisions that will dramatically impact millions of birds and California residents. Join us to speak up for birds and our communities.

On Thursday, June 10th, participants in Virtual Advocacy Day will be invited to join video conferences with elected officials from their regions. During these calls, we will talk about the issues and bills that are a top priority for Audubon, including equitable access to nature, conservation ranching, public lands, migratory birds, and climate resilience.

This is your chance to connect with state officials and make sure they hear from the Audubon network directly. Our staff will organize and facilitate the calls and provide you with all the information you need. Advocacy Training webinars will also be offered to review the key issues and bills to discuss with legislators.

Participant slots are limited so **REGISTER TODAY** to secure your spot.

Summer Birding

Hugh Harvey, MDAS Field Trips Chair

In our continuing pandemic situation, everyone wants to know when the chapter might start having public field trips. This is a very fluid and delicate situation. Many parameters must be met before it will be safe for everyone to participate in these types of activities. Some of the parameters are mandated by the CDC, the state, and the county. Because things change so fast and nobody knows what might happen next, the board made a unanimous decision that we should wait until September before trying to offer these popular events to the public. It is disappointing, I am sure, because we all want to see our friends after what has already been a long year. In light of this, my team and I have come up with the following guide to seeing some of the best spring and summer birding our local area has to offer.

Thank you for your continued patience, Hugh Harvey

MOUNTAIN BIRDING



Photo: National Park Service

This is the time of year we would ordinarily be going to the mountains to see some special birds. For many years we have had a trip to Yuba Pass and the Sierra Valley along Highway 49. This is north of Truckee and ranges from 5,000 to almost 7,000 feet in elevation. A second trip was re-introduced seven years ago to Lassen Volcanic National Park.

Between the two trips, most of the expected mountain birds are usually seen. These include Common Nighthawk, Common Poorwill, Rufous and Calliope Hummingbirds, White-headed Woodpecker, Olive-sided Flycatcher, Western Wood-Pewee, Hammond's, Gray, and Dusky Flycatchers, Black-billed Magpie, Mountain Chickadee, Dipper, Mountain Bluebird, Cassin's Finch, Evening Grosbeak, Brewer's and Vesper Sparrows, and Yellow-headed Blackbird.

Many possibilities for camping and lodging are available. Check these sites for information:

Sierra County Camping
Sierra County Lodging
Visit Lassen Volcanic National Park

COASTAL BIRDING



Bodega Bay viewed from Dillon Beach

OUTER POINT REYES

A trip to Outer Point Reyes in very early June often results in finding a number of migrant species. The chapter field trip would ordinarily be the first Saturday in June. Visiting during the week might be preferred for solo birders to avoid crowds. There are some traffic restrictions and road closures in effect, so be sure to check **HERE** for this information.

SAN MATEO COAST

A late July or early August visit to the San Mateo Coast is another regular summer MDAS trip. We bird at a number of locations north and south of Half Moon Bay. Pillar Point Harbor and Mavericks is a good place to start early in the morning. Pescadero State Beach, Gazos Creek Road, Bean Hollow State Beach, and Pigeon Point Lighthouse are just a few of the many spots one can do some coastal birding.

BODEGA BAY

What could be considered our first field trip of the new Audubon year (during non-Covid times) is a big favorite for many. By visiting in late August, it is possible to see some of the early shorebird and waterfowl migrants. Starting at The Tides Wharf & Restaurant, we make our way around the harbor. Places to stop might include Porto Bodega Marina, the Rail Ponds, Spud Point Marina, Owl Canyon, Campbell Cove, and the Hole in the Head, as well as Bodega Head. Doran Beach Regional Park is a very popular destination for camping and fishing and will be crowded on the weekends. A fee is charged for this Sonoma County Regional Park.

CLOSER TO HOME

In late July, I like to visit Hayward Regional Shoreline and walk to the bay late in the afternoon. I pick a day with a late high tide, which will force shorebirds to come inside to the flats at Frank's Dump. By going late, the lighting will make it infinitely easier to see the early arriving migrant shorebirds. Red Knots, Snowy Plovers, and a host of other shorebirds are on the wish list. It can be breezy at this time of day, so a sweatshirt is advised.

Events

Be sure to check the **MDAS website** for the most up-to-date listing of events.

Bird Identification Techniques Workshop 2021

May 24 & 26, 2021

There are many challenges to becoming a birder, particularly if you want to know

what everything you are looking at is! In other words, you want to put a name to a face. The problem is that it does take a lot of practice; the good thing is that practice is birding, and that is fun! One major challenge is that we focus so much on field marks that sometimes we do not see the forest for the trees. The real way we identify birds is by looking at them not as parts, but as wholes, not only in pattern and color, but also in the way they move and behave. In addition, we hardly ever focus on one of the



most important features on a bird: the face! This workshop begins with getting you to understand how the brain identifies birds—the psychology and brain science behind bird identification. We use that to understand how we can best use our innate skills at recognition to apply this to birding. We also discuss tips and tricks that apply to certain groups of birds and facilitate their identification. We think about techniques that may work to speed up learning birds and also tips on how to get better at bird identification even when you are not out in the field on a birding trip. Your computer can even be a learning tool! This will be a holistic, multifaceted workshop on bird identification. I guarantee to you that it will not be like any birding how-to classes you have attended before. I am hoping you will come out of it with a brand-new outlook on bird identification, and one that will hopefully take away some of the frustration felt in trying to identify birds yourself!

Alvaro Jaramillo is an internationally known ornithologist and expert. Alvaro has a B.S. in Zoology and an M.S. in Ecology and Evolution from the University of Toronto, and also conducted research at Simon Fraser University in Vancouver, British Columbia. An expert on the birds of California and North America, he wrote the *American Birding Association Field Guide to Birds of California* and *New World Blackbirds*. He is also an authority on the birds of Chile, authoring *Birds of Chile* (2003), collaborating on Chile's Important Bird Areas program, and helping to identify a new bird species there, *Oceanites pincoyae* (Pincoya Storm-Petrel). An author and contributor to numerous field guides and popular publications, Alvaro's passion is not only to understand the biology and natural history of birds, but to enrich others' enjoyment of birds and further avian conservation. He leads birding trips throughout the world with his company, Alvaro's Adventures.

Date: May 24 & 26, 2021

Time: 6:00 PM-8:00 PM each evening

Location: Zoom online meeting

Instructor: Alvaro Jaramillo

Cost: \$100 total per person for both sessions

Sponsor: San Francisco Bay Bird Observatory

Registration: Click here to register online

The Nature of Oaks with Douglas Tallamy

May 27, 2021

Join the Marin Art and Garden Center for an event celebrating one of the most important species of the plant kingdom—the mighty oak tree. In this virtual presentation, Author Doug Tallamy will introduce his new book, *The Nature of Oaks*.



Oaks sustain a complex and fascinating web of wildlife. *The Nature of Oaks* reveals what is going on in oak trees month by month, highlighting the seasonal cycles of life, death, and renewal. From woodpeckers who collect and store hundreds of acorns for sustenance to the beauty of jewel caterpillars, Tallamy illuminates and celebrates the wonders that occur right in our own backyards. He also shares practical advice about how to plant and care for an oak, along with information about the best oak species for our area.

Date: May 27, 2021

Time: 5:00 PM–6:00 PM

Location: Zoom online meeting

Presenter: Douglas Tallamy

Cost: \$10

Sponsor: Marin Art and Garden Center

Registration: Click here to register online

Queer Birds: Community Inclusion, Community Building, and Community Science

June 2, 2021

In the early 2000s, LBGT rights were under attack; there was no marriage equality, and LGBTQ people often felt unsafe in the field. To build a veritable, ongoing community, a group of LGBTQ birders banded together to start



what is now called QBNA-Queer Birders of North America. Local Bay Area birder

Jennifer Rycenga spearheaded the west coast organizing efforts for this group, which has now flourished for almost two decades, with biennial birding trips both nationally and abroad. The community built up through QBNA has always been open to all allies of the cause, and has been the occasion for genuine solidarity with many straight birders. This model of open, accepting community parallels the 21st century growth in community science projects like eBird, iNaturalist, and the BioBlitz movement. This talk will look at the history of LGBTQ birders and QBNA in particular, and the rapid growth of community science in the Bay Area, as examples of how birding can create and sustain diverse communities of people.

Jennifer serves as the *Board President* of Sequoia Audubon. Jennifer teaches at San Jose State University in Humanities.

Date: June 2, 2021

Time: 7:00 PM–8:00 PM

Location: Zoom online meeting

Presenter: Jennifer Rycenga

Cost: \$10

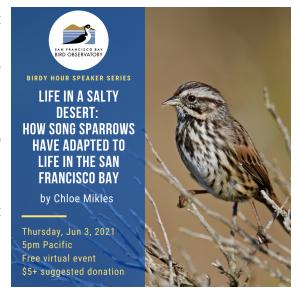
Sponsor: Santa Clara Valley Audubon Society

Registration: Click here to register online

Life in a Salty Desert: How Song Sparrows Have Adapted to Life in the San Francisco Bay

June 3, 2021

Song Sparrows are one of the most widespread bird species across North America—but the Song Sparrows of the San Francisco Bay aren't just any ordinary backyard bird. These birds are the only Song Sparrows equipped to survive in the harsh, inhospitable environment of the salt marsh. Each arm of the Bay is home to a different subspecies, making this a hotspot for genetic diversity. Learn what makes these little brown birds different from all the rest, and why it is so important to protect their native habitat.



Chloe Mikles is a first-year Ph.D. student at the Hopkins Marine Station of Stanford University. She has a B.S. in Animal Science from Cornell University, where she worked with the Cornell Lab of Ornithology studying evolutionary biology in songbirds. She has studied birds in Kenya and Australia, but the birds of the San Francisco Bay are the most fascinating to her. Chloe is passionate about sharing her love for the outdoors and research with others. Check out her website and follow her on Twitter.

Date: June 3, 2021

Time: 5:00 PM–6:00 PM

Location: Zoom online meeting

Presenter: Chloe Mikles

Cost: Free

Sponsor: San Francisco Bay Bird Observatory

Registration: Click here to register online

For the Love of Hummingbirds

June 10, 2021

Hummingbirds amaze and intrigue us. Their high-speed enigmatic lifestyles are a blur; their startling colors and exotic behaviors are delights. Hummingbirds also inspire us—they are like tiny ambassadors with the power to usher people into a deeper interest in and appreciation for the natural world. Author John Shewey taps into the intrigue in this program



based on his new book, *The Hummingbird Handbook*. Join John for this fun-filled program and learn more about hummingbirds, how to attract them, how to cater to them, and how to be a great hummingbird host in your yard.

Lifelong birding enthusiast John Shewey is a veteran writer, editor, and professional outdoor photographer, with credits in Birdwatching, along with dozens of other magazines. He is coauthor of *Birds of the Pacific Northwest, a Timber Land Press Field Guide*. John has photographed birds from the mountains of Alaska to the jungles of Central America to the islands of the Caribbean, and his website chronicles many of these travels in rich photographic detail.

Date: June 10, 2021

Time: 7:30 PM-9:00 PM

Location: Zoom online meeting

Speaker: John Shewey

Cost: Free

Sponsor: Marin Audubon Society

Registration: Click here to register online

Madagascar's Fragile Magic

June 17, 2021

Eric Schroeder will take you on a tour of this amazing island, home to 308 species of birds, 108 of which are endemic. Endemism isn't limited to individual species but, remarkably, extends to the family level; Madagascar has six endemic avian families: the mesites, the asities, the vangas, the tetras, the ground rollers, and the cuckoo roller (which has only one species—the Cuckoo-roller—in the family.) Endemism is even more pronounced among the island's



mammals—there are about 100 species of lemurs, for instance, with all of them being endemic. And then there are the reptiles, especially chameleons.

This presentation will explore Madagascar's varied ecosystems—from the lowland rainforests of the north, to the highland rainforests of the island's center, the grassy plains of the southern massif, and the weird and wonderful spiney forest of the southwest. Along the way, Eric will discuss some of the various threats to the island's incredible biodiversity.

Eric Schroeder is a retired lecturer from UC Davis where he also was the Faculty Director of Study Abroad for which he led educational programs in Australia, South Africa, Scotland, and England (most of which had a birding component). He is currently a coordinator of GGAS's Travel Program and serves as president of its board of directors.

Date: June 17, 2021

Time: 7:00 PM–8:00 PM

Location: Zoom online meeting

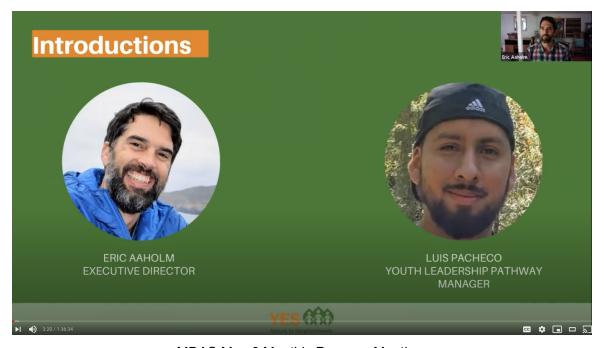
Speaker: Eric Schroeder

Cost: Free

Sponsor: Golden Gate Audubon Society

Registration: Click here to register online

June Gallery



MDAS May 6 Monthly Program Meeting:
Eric Aaholm and Luis Pacheco describe how their organization, YES Nature to Neighborhoods, helps to nurture leaders in their Richmond community.

View the entire virtual meeting HERE.



MDAS May 6 Monthly Program Meeting:

Travel to Oaxaca, Mexico, with Ivan Phillipsen, who discusses the ecoregions and habitats of

Oaxaca and presents birding and wildlife highlights of the state. View the entire virtual meeting **HERE**.



Can you spot the Brown Creeper?

Photo: Paul Schorr



Bullock's Oriole

Photo: Shawn Billerman/Macaulay Library at the Cornell Lab (ML35753861)



Male Bushtit
Photo: LeRoy VanHee

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Mt. Diablo Audubon Society Leadership

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