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Mount Diablo Bird Alliance

The Quail

Volume 71, Number 3

April 2026

April Monthly Program Meeting: Thursday, April 2, 7 PM

Mount Diablo Bird Alliance will meet Thursday, April 2 in the Camellia Room at the Gardens at Heather Farm, 1540 Marchbanks Drive, Walnut Creek, CA 94598.

Address:

The Camellia Room @ The Gardens at Heather Farm
1540 Marchbanks Drive, Walnut Creek, CA 94598

Please note that MDBA no longer provides disposable cups at our meetings.

If you would like to enjoy water, punch, or tea, please bring your own cup.

We will have a few reusable cups available if you need one. We appreciate your cooperation.

April Agenda:

6:30 PM Doors Open

7:00 PM Announcements

7:15 PM Refreshments and Raffle

7:30 PM Main Program: *History of the East Bay Regional Park District*

Our Raffle table's success relies heavily on your fantastic donations! We're on the lookout for awesome bird-related items or anything similar, like books, art, collectables, feeders, bird boxes, and camera equipment. Basically, anything you think someone might be interested in buying raffle tickets for. Your generosity is greatly appreciated!

If you have such items but are unable to attend meetings, please contact info@mtdiablobirds.org and we will try and arrange a pickup from local addresses.

History of the East Bay Regional Park District

Amelia Marshall



Discover the origins of the East Bay Regional Park District through an engaging presentation on its storied past.

Amelia Sue Marshall has volunteered with the East Bay Regional Park District for 27 years, contributing to the Volunteer Trail Patrols as well as the District's archives and history center. Within the archives, a dedicated team of retirees, staff, and community members curates materials, develops oral histories, and preserves narratives that rarely appear in official records. In recognition of her service, she received the 2023 "Outstanding Volunteer" award from the California Association of Recreation and Park Districts.

Her first local history book, *Oakland's Equestrian Heritage* (Arcadia Publishing, 2008), was followed by *East Bay Hills: A Brief History* (The History Press, 2017), which chronicles the development of parks in Oakland, Moraga, and Castro Valley. She is currently collaborating with the Verona Band of the Muwekma Ohlone Tribe on new projects.

Amelia serves as the trails chair for the California State Horsemen's Association, Region 5 (Alameda and Contra Costa Counties). She also sits on the boards of three nonprofits: the Regional Park Association, the Oakland Heritage Alliance, and the Friends of Joaquin Miller Park. She and her family reside along Peralta Creek in Oakland, accompanied by Chewy, their "plus-size" German Shepherd.

Nominees for Board of Director Officers

Alan Bade and Rochelle Fortier, *MDBA Nominations Committee*

The election of officers for the Mount Diablo Bird Alliance Board of Directors will take place this May. Three of our current officers are standing for re-election and, as of this writing, are running unopposed.

Current Nominees

- **President:** *Candidate Needed*
- **Vice President:** Ariana Rickard
- **Treasurer:** Steve Buffi
- **Secretary:** Karin Deas

Nominations remain open. You are welcome to nominate yourself for any of these officer positions.

Commitment & Logistics

Elected officers will serve a one-year term from **July 2026 through June 2027**. The Board meets via Zoom on the second Thursday of each month at 6:45 PM, from September through June.

Election Timeline

- **May:** The election will be conducted via a ballot emailed to all current MDBA members.
- **June:** Results will be announced in the June issue of *The Quail* and at our June program meeting.

Contact the Nominating Committee

If you would like to submit your name for consideration or have questions regarding a specific role, we would love to hear from you. Please reach out to:

- **Rochelle Fortier**, Nominating Committee Chair
- **Alan Bade**, Committee Member

President's Letter

Steve Buffi, *MDBA Treasurer*

Jerry Britten is no longer the President of the Mount Diablo Bird Alliance as he's now settled in his new Arizona territory. The board's decided to rotate presidential duties, so you'll hear from a different board member in each issue of **The Quail!**

Hello birders! It's the Treasurer's turn again for our monthly letter. Please keep in mind that the **Mount Diablo Bird Alliance** is still seeking a President. If you are interested in leading this fantastic organization, please reach out to the Board to express your interest.

My 2026 birding season kicked off with the **Contra Costa Large Day**. On this day-long excursion, I spotted my current highlight of the year: a **California Thrasher**. This bird has such an amusing song and sings so loudly! However, given my upcoming travel plans, I suspect this won't remain my top highlight by December 31. I had hoped the **Summer Tanager** in Richmond would provide some stiff competition, but unfortunately, I struck out after three attempts. The **Rock Sandpiper** also remained elusive after two tries.

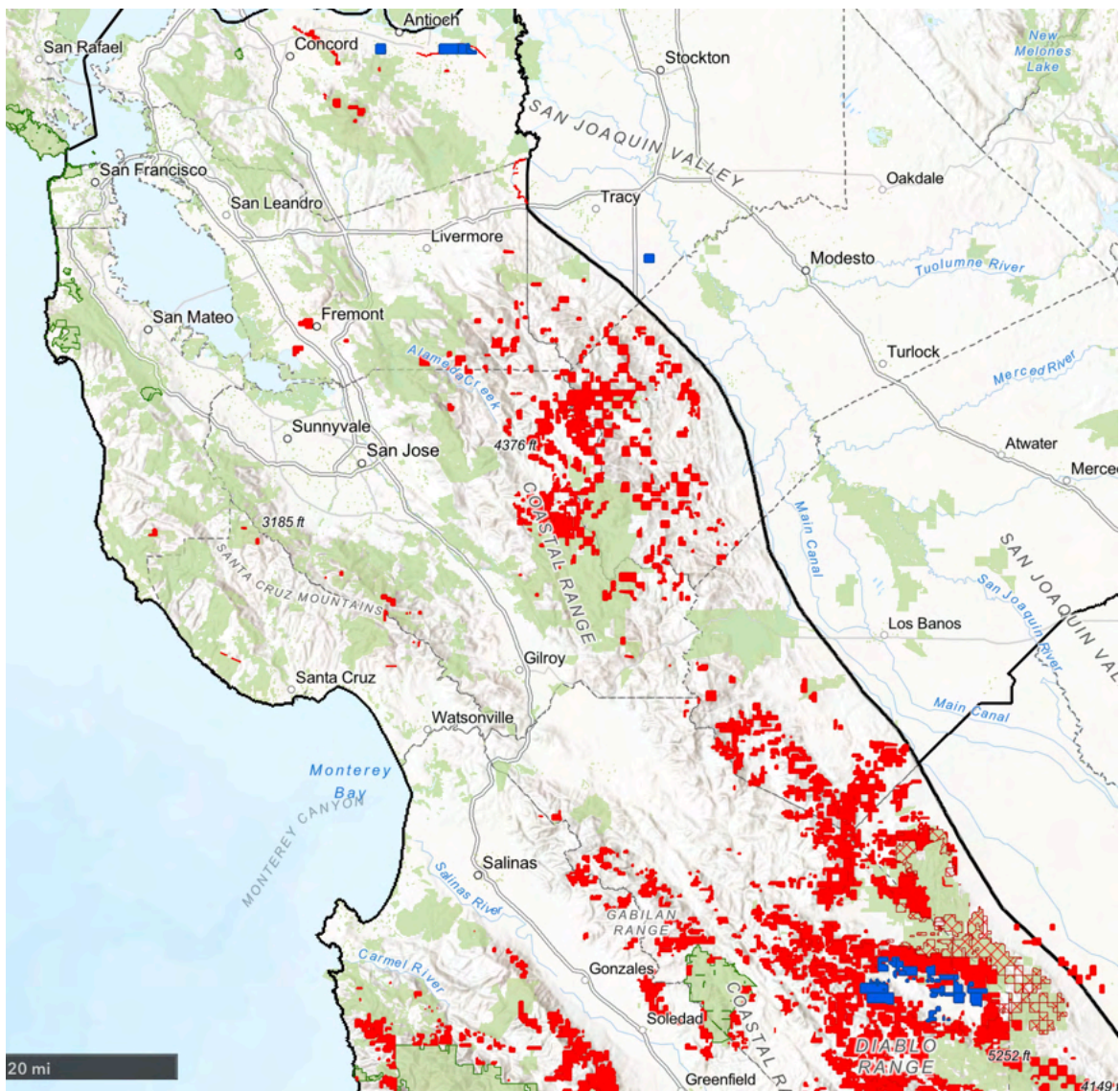
The **EBRPD 2026 Trail Challenge** is currently driving my local birding plans. It's the perfect "all-in-one" package—combining a rigorous hike with birdwatching, often while ticking a new regional park off my list. While the hiking is slower and the birding is faster than usual, I still manage to see and hear many species while getting some great exercise.

While out in the field, I continue to use **eBird** to contribute breeding codes to the **California Breeding Bird Atlas** project. I encourage you all to join this effort: go birding, record breeding activity, and contribute to community science. MDBA is a major contributor to this project, and our officially sponsored species is the **California Quail**.

Lastly, I hope to see many of you on the **Del Puerto Canyon Trip** I'll be leading on April 21, 2026.

It's Confirmed: Slopes of Mount Diablo Included in Federal Oil & Gas Leasing Expansion Project

Juan Pablo Galván, *MDBA Conservation*



1. Protect Our Local Landscapes Mount Diablo State Park, Black Diamond Mines Regional Preserve, Henry W. Coe State Park, and land surrounding Pinnacles National Park—all vital habitats for the birds of the Diablo region—are being targeted by the U.S. government for oil and gas leasing expansion. You may wonder how the federal government can do this on State Park land. The answer is that they are not only targeting surface properties they own, but also areas where they believe they hold subsurface mineral rights.

This proposal is ill-conceived not only because these areas are beloved public parks, but because the majority of the hundreds of thousands of acres they aim to open lack any feasible oil or gas potential. Read more [HERE](#) and [HERE](#), and view the specific targets of this proposal [HERE](#).

2. Take Local Action If you want to see change, start right here in Contra Costa. Connect with others who are standing up for birds and a livable climate. Sign up [HERE](#) and learn more [HERE](#).

3. The Reality of Climate Acceleration Global warming is accelerating. Over the past decade, temperatures rose nearly twice as fast as they did between 1970 and 2015. Read more [HERE](#). This trend is a direct result of fossil fuel consumption not being reduced quickly enough to avert a climate catastrophe.

This is not an exaggeration; it is our current reality. Taking significant action—ending fossil fuel reliance, stopping deforestation, protecting natural habitats, reducing meat consumption, composting, and increasing renewable energy—is no longer a matter of convenience. It is a choice between preserving the natural world we know or facing a future we have never experienced and do not wish to see.

New Board Member Introductions

Ellen Behrens and Christy Smith, *MDBA Co-Sales Managers*



Ellen Behrens

Hello all! My name is Ellen Behrens, and I'm excited to be joining the MDBA Board as Sales Co-Manager with Christy. A biomedical scientist by trade, I'm fairly new to birding, but have considered myself an amateur naturalist for years. I love taking daily walks around my neighborhood, seeing which of my feathered neighbors are out and about as the seasons change. When I'm able to get away

from work, I also enjoy hiking and horseback riding in the region's many beautiful parks. As a "bird-curious" individual who had always been intimidated by the more hard-core birding scene, what finally sold me on the hobby was when I visited the Sax-Zim Bog a few winters ago. I had no idea what to expect, but everyone I met was so enthusiastic, friendly, helpful, and kind — and it doesn't hurt that I got to see TWO gorgeous Great Gray Owls! I'm looking forward to continuing to learn more about birds and getting to know everyone. Come say hi at our next meeting!

Hello! My name is Christy and I am excited to join Ellen as a co-manager of Sales on the MDBA Board. My interest in birding began about 10 years ago when I took an Avian Biology class. It led me to wonderful opportunities, such as field trips, labs with avian skeleton models, and bird call quizzes! All of which were wonderful to learn more about. I followed up this class with Evolutionary Ecology and Evolution classes, which really spiked my interest in the natural world around us. Since then, I've always enjoyed being outside and being able to spy and spot regional birds. While I do consider myself an amateur birder, I can't wait to continue to learn more as Ellen and I integrate into your community more!

From 50 Years Ago

March 1976

The trip to CHABOT REGIONAL PARK began under partly cloudy skies but the weather continued to improve as the day went along, ending under beautiful blue, nearly cloud-free sky. We walked the 10-Hills Trail under the capable guidance of Doris Griffin of Ohlone Audubon. The 12 members and guests were treated to very good views of a Cooper's Hawk, both perched and in flight. The Gadwalls found at the lake were the first Doris had seen there in all her many walks through the park. The Hutton's Vireo was found after a diligent search for the bird as he was singing his monotone song. The following 48 species were seen or heard:

F-B Grebe, Dbl-Cr Cormorant, Gr Egret, Gadwall, Cin Teal, Canvasback, Ruddy Duck, Tur Vulture, Wh-Tail Kite, Coop & Red-T Hawk, Am Kestrel, Calif Quail, Am Coot, Gl-Wing, Calif & R-B Gull, Mourn Dove, Wh-Thr Swift, Anna's & Allen's Hummingbird, Com (R-Sh) Flicker, Black Phoebe, St & Sc Jay, Ch-Back Chickadee, Fl Titmouse, Bushtit, Wren Tit, Bew Wren, Calif Thrasher, Am Robin, Hermit Thrush, West Bluebird, Gld-Cr & Ruby-Cr Kinglet, Starling, Hutton's Vireo, West Meadowlark, Purple Finch, Less Goldfinch, R-S & Br Towhee, Dark-Eyed (Oreg) Junco, Wh-Cr, Gold-Cr, Fox & Song Sparrow.

New Members

Rochelle Fortier, *MDBA Membership Chair*

I would like to give a warm welcome to the new members who joined in February: **Sarah Hayes**, Berkeley, and **Bonnie Slatkin**, Clayton. I hope to see you at our next program meeting!



Bay Birding Challenge 2026 Support our Devil Mountain Quail!



The **Bay Birding Challenge** is a friendly annual competition organized by our neighbors at the **Golden Gate Bird Alliance** to raise awareness and funds for bird conservation, habitat protection, and advocacy.

This year's event takes place on **Saturday, April 25**, when teams from Audubon chapters across the region will compete to see who can identify the most species

in a single day while birding across all nine Bay Area counties.

Last year, the Mount Diablo Bird Alliance team—the **Devil Mountain Quail**—placed 3rd, identifying an impressive **135 species**. This year, we aim to soar even higher!

Please click this [link](#) to learn more and consider backing MDBA's efforts. We welcome your monetary pledges and appreciate your enthusiastic support as we take to the field!

Free "Bringing Back the Natives" Garden Tours

May 1 - 2



Visit up to 70 private native gardens across Contra Costa and Alameda Counties on **May 1 and 2**. Learn how to select and care for California native plants, support

birds and other pollinators, implement fire-wise landscaping, eliminate pesticides, and lower your water bill.

These delightful oases range from small backyard gardens to spacious lots in the hills. Some are curated by professional native garden designers, while others are the personal projects of the homeowners themselves. Many locations are also "Green Homes," featuring demonstrations for heat pumps, solar energy, and induction stoves.

This year's virtual tour keynote speaker is **Doug Tallamy**. While all tours are free, donations are warmly encouraged to keep this beloved, 20-year Bay Area tradition alive (all donations are tax-deductible).

Register Now

MDBA Trip Report

Las Gallinas Reservoir, February 23

Report by Elisa Fernandes-McDade



Common Gallinules



Marsh Wrens



Trio of Ducks



Aleutian Cackling Geese

Photos by Isaac Aronow

On Sunday, February 23, nine birders walked the circular route around one of the **Las Gallinas Reservoir** ponds. While the forecast had called for a chance of rain, the day instead offered partly cloudy skies and a brisk wind that chopped the pond's surface later that afternoon. Temperatures hovered in the low 60s.

Red-winged Blackbirds, **Brewer's Blackbirds**, and **Marsh Wrens**—among other wetland denizens—filled the vegetation with song. One male Marsh Wren was observed gathering tule fluff before dipping back into the reeds, likely to construct a nest. The group also spotted **12 Common Gallinules**, which are far less common in Contra Costa County than their name suggests.

Though many beautiful winter waterfowl have begun their retreat to northern breeding grounds, an impressive variety remained on display, including **8 Cinnamon Teal** and **2 Blue-winged Teal**. A flock of **800 Aleutian Cackling Geese** grazing in the adjacent agricultural field contained a lone white goose—a "snowball" adrift in a gray sea. Its diminutive pink bill and small stature relative to the Cackling Geese confirmed its identity as a **Ross's Goose**, a rare sighting for this location.

Dozens of **Tree** and **Northern Rough-winged Swallows** also swooped over the ponds, a welcome promise of warmer weather and the arrival of spring migrants.

Our **checklist** totaled **47 species**. You can view some of the birds we encountered through the beautiful photography of Isaac Aranow.

Local Parks, February 25

Report by: Herb & Randi Long



Photo by Linda Jacobs





Photos by Malathy Sethuraman

For many years, this excursion to our local parks was led by Hugh Harvey. Herb and Randi Long fondly remember birding with him, and we felt truly honored to carry on his legacy and his love for **Heather Farm**.

Eleven birders joined us—a wonderful mix of seasoned experts and those new to the hobby. We were delighted to have Matt Tarlach, as well as Barry and Rosemary Howarth, join the group from the local neighborhood. Matt shared a fascinating bit of history: the “natural pond” at Heather Farm appears on even the earliest maps of the area. Rosemary and Barry then guided us past **Sparrow’s Corner** to the spot where a **Sora** is frequently sighted. Although we waited quietly, the Sora chose not to make an appearance today.

However, the group was treated to a special sighting when Rosemary pointed out a **hummingbird nest** by the concrete lake. Despite ongoing construction, it was a highly productive day at Heather Farm, with a total of **32 species** observed.

Our next stop was **Markham Arboretum** in Concord, where the group spotted a pair of **Wood Ducks**. We enjoyed excellent views of the male and female as they made their way steadily down the creek. Sighting a **Brown Creeper** and numerous **Northern Flickers** added to the excitement.

We concluded the trip at two ponds in the nearby **Turtle Creek** neighborhood. At the first pond, we were lucky enough to sight a pair of **Hooded Mergansers**, while the second pond hosted yet another pair of **Wood Ducks**.

Walnut Creek, March 13

Report by: Elisa Fernandes-McDade



Red-shouldered Hawk



Bushtit Nest



Chickadee



Hyacinth

Photos by Elisa Fernandes-McDade

Ten birders enjoyed a warm, sunny morning in **Heather Farm Park**. While the intended theme of the trip was "Winter Waterfowl," the birds seemed to have taken a cue from the weather; with a week still remaining in astronomical winter, most had already "high-tailed it" to more northern climes. Our theme was represented solely by a single pair of **Buffleheads**, though they were as elegant and dignified as ever.

The true highlights of the day were the nests and nesters concentrated around the natural lake—known to early Spanish colonists as **Laguna de Chupucanuy**. Our discoveries included:

- **Hummingbird Nest:** An extremely fluffy, though apparently unoccupied, nest.
- **Bushtit Nest:** One of their amazing, pendulum-like "sock" nests, which showed a great deal of activity.
- **Chestnut-backed Chickadee:** A charming individual seen carrying beakfuls of fluff into a nesting cavity within a gnarled old willow.
- **Red-shouldered Hawks:** For several minutes, we watched a pair breaking twigs off trees and carrying them to their chosen nesting site, high in a eucalyptus overlooking the dog park.

Throughout the morning, we also enjoyed the sight of two colorful **Green Herons** chasing each other around the perimeter of the lake.

Many thanks to **Elisa Fernandes-McDade** for leading such an engaging and educational outing!

MDBA Field Trip Announcements

Matt Tarlach, *MDBA Field Trip Chair*



Update from the Field Trips Coordinator

MDBA mounts dozens of Field Trips throughout the year, ranging from easy, accessible strolls around our local parks to longer expeditions to more distant sites, and including some vigorous hikes. On each field trip, one or more leaders guides our group to the best hotspots, in the best season... but the bird-spotting is really a team effort.

Come birding with us!

You can see the field trip checklists we've recorded since transitioning to electronic records [here](#).

To ensure that trips are not overcrowded, pre-registration through Eventbrite is required. MDBA members have priority, with member sign ups opening as soon as the trip is announced in our newsletter. Non-members are welcome too! Registration opens to the public a week before the trip. All registration closes 2 days before the trip, so leaders can know how many to expect. If you won't be able to attend a trip that you've signed up for, please cancel via Eventbrite as early as possible to open that spot up for someone else.

Field trips are ranked according to difficulty:

Trail Rating 1: Easy. Little walking, under 1 mile, on smooth paths.

Trail Rating 2: Moderate. 1 mile or more, possibly some rough terrain.

Trail Rating 3: Challenging. Extensive walking and climbing on rough terrain!

Out of respect for our members and community, we ask participants to take sensible precautions for everyone's health when carpooling and sharing spaces.

We always need new trip leaders! It's fun, and a meaningful contribution to our chapter's mission of education and outreach. Please contact our Field Trip Coordinator, Matt Tarlach, at mdbafieldtrips@gmail.com

If you have a favorite birding spot you'd like to share with your fellow members but would like some help leading the trip, Matt can probably pair you up with an experienced trip leader.

If you're looking for still more bird-related outings in our area, the East Bay Regional Park District holds a variety of events. Go to their Birding page [here](#) and click View Activities.

Del Puerto Canyon

Tuesday, April 21, 9 AM - 3 PM



Western Kingbird

Photo by Isaac Aronow

We will drive through **Del Puerto Canyon** on the eastern side of the **Diablo Range**, searching for regional specialties such as the **Canyon Wren**, **Costa's Hummingbird**, and **Greater Roadrunner**.

Please be prepared for the elements, as it can get quite warm in the canyon. This excursion takes us further from modern conveniences than most of our outings, so be sure to bring a full lunch and plenty of water to stay hydrated throughout the day.

Trail Rating: 1 - This is mostly a car trip, with several easy walks.

Leader: Steve Buffi (925) 200-4555

Carpools should plan to leave at **7:30 AM** from Sycamore Valley Road Park and Ride. OR, meet on Del Puerto Canyon Road west of I-5 at **9 AM** at the Patterson Exit (Diablo Grande Parkway and Sperry Road) off I-5 (56 miles from Sycamore Valley Road). Take I-580 east to I-5 south. We're usually home for dinner.

There is no capacity limit on this trip. Carpooling is strongly recommended. We usually meet at Sycamore Valley Road.

Register [HERE](#).

Lagoon Valley and Pena Adobe

Thursday, April 23, 9 AM - 1:30 PM



Brown Creeper

Photo by Mona Lange

Our excursion begins at **Pena Adobe Park**, located off I-80 just west of Vacaville. Pena Adobe is a historic site featuring well-established trees, including an orange

tree planted as early as the 1860s. Species frequently seen here include the **Brown Creeper**, **Hermit Thrush**, and **Black-headed Grosbeak**.

After exploring Pena Adobe, we will drive to **Lagoon Valley Park**. Please note there is a **\$5 parking fee**; the kiosk accepts either a debit/credit card or exact cash (no change is given). Notable sightings at Lagoon Valley have included the **Western Bluebird**, **Cliff Swallow**, **Bullock's Oriole**, and **Western Kingbird**. If the lake level is low, we may find **Wilson's Snipe** and **Greater Yellowlegs**. **Bufflehead** and **American Wigeon** are also common winter residents on the water.

Trail Rating: 1 – Easy. Paths are mostly level.

Leader: Mona Lange, 510-414-2959

Meet At: Pena Adobe Park, located off I-80 between Fairfield and Vacaville.

Directions: Take I-680 to I-80 East toward Sacramento. Take **Exit 51B** (Pena Adobe Road). **Do not** take the Lagoon Valley Road exit. After the stop sign, proceed straight, veering to the **LEFT** onto Pena Adobe Road. We will meet at the restroom building.

Address: 4699 Pena Adobe Road, Vacaville, CA.

This field trip is limited to **12 participants**. All attendees must acknowledge the MDBA Liability Waiver during the registration process. **Register [HERE](#)**.

Brannan Island & Delta Rookery

Friday, May 1, 8:30 AM - 12:30 PM



Great Blue Heron

Photo by Warren Regelmann

Our outing begins at the entrance to **Brannan Island State Recreation Area (SRA)**, in the parking lot on the east side of Highway 160. Please pay the entrance fee at the station (\$10 general; \$9 for seniors) or via the self-pay envelope if the station is unstaffed. **Tip:** Most public libraries offer park passes for checkout that provide free day-use parking.

We hope to see **Western Kingbirds, Western Bluebirds, Bullock's Orioles**, and various raptors. Afterward, we will drive to a nearby rookery where, in previous years, several species of herons, egrets, and cormorants have nested. Picnic tables are available, allowing you to enjoy the activity of the rookery while having a snack. This trip is excellent for beginners!

Hike Rating: 1, Easy. A few walks on level trails adding up to probably less than a mile.

Elevation change: N/A

Leader: Mona Lange, 510-414-2959

Meet: Brannan Island State Recreation Area. GPS: 38.11017164265391, -121.6966400433512

Directions: Central Contra Cost take Hwy 4 towards Antioch. Where the highway forks take Hwy 160 north over the Antioch Bridge (toll). After crossing the bridge,

continue about 7 miles to Brannan Island. The park entrance is on your right, 1/4 mile after crossing 3-Mile Slough. Meet at the parking lot, 200 yards east of Hwy 160.

This field trip is limited to 12 participants. Register [HERE](#).

West Briones Regional Park

Tuesday, May 5, 8:30 AM - 1 PM



Lazuli Bunting

Photo by Jerry Britten

A springtime visit to the west entrance of **Briones Regional Park** offers a stunning display of seasonal wildflowers and vibrant birdlife. **Lazuli Buntings** are often seen here, alongside various flycatchers, vireos, and a diverse array of other spring residents.

The park features a lovely picnic area, so we encourage you to bring a lunch and enjoy the surroundings after our walk. As temperatures can rise quickly in the hills, please ensure you bring an ample supply of water.

Leader: Cheryl Abel

Rating: Category 2--moderate hiking over dirt and gravel trails with mild slopes.

Elevation change: 200 feet

Meet: Bear Creek Staging Area parking lot

Directions: From SR 24 in Orinda, drive north on Camino Pablo about 2.25 miles, turn right on Bear Creek Road, continue for 4.5 miles to park entrance. Drive to farthest parking lot on the right.

The field trip is limited to 15 participants. Participants must acknowledge the MDBA Liability Waiver during the registration process. Register [HERE](#).

Eastern Contra Costa County

Thursday, May 7, 8 AM - 1 PM



Western Kingbird

Photo by Mona Lange

Please Note: This itinerary is subject to change as migrating birds arrive and new opportunities arise. Please watch the May issue of *The Quail* and check your email in the days leading up to the outing for any important updates.

Our plan is to meet at the **Big Break Regional Shoreline/Delta Science Center**. After birding the shoreline, we will drive to the **Marsh Creek Trail** and, if time permits, continue to **Bethel Island**. These locations are typically excellent for observing waterfowl, raptors, and several passerine species that are not easily found elsewhere in the county.

As temperatures can rise significantly in East County, it may become quite hot by midday; please plan accordingly with sun protection and plenty of water.

Hike Rating: 1-Easy

Elevation change: N/A


Leaders: Randy Huey, 925-518-8439

Meet: Big Break parking lot in Oakley at 8 AM

Directions: Take Highway 4 east toward Stockton/Pittsburg, after Antioch take right Exit 30 toward CA-160/Sacramento/Rio Vista. Take Exit 1A, East 18th/Main Street, turn right at the bottom of the exit onto Main Street, proceed east a little over 1 mile, then turn left onto Big Break Road. Turn into Big Break Regional Shoreline/Delta Science Center just past the last houses on the right.

This field trip is limited to 20 participants. Register [HERE](#).

April Gallery & Media

CornellLab 
Birds of the World

BOW Seminar:

Conservation of the Vultures of Asia

Featuring:
Chris Bowden, MBE, RSPB Globally
Threatened Species Officer



Slender-billed Vulture by Rajkumar Das / Macaulay Library
Critically endangered

Conservation of the Vultures of Asia

See the full video [HERE](#)

How to Bring a Bird's Song Back From the Edge of Extinction



Read the article [HERE](#)



Vermilion Flycatcher / Huntington Central Park East



Black-crowned Night Heron / San Luis Obispo, California, United States
Photo: [Dylan Osterhaus / Macaulay Library ML 653033806](#)

If you'd like to stay in touch more than once a month, sign up for our private email **discussion group!**

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Mount Diablo Bird Alliance

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